

## SUNDAY

12:00 p.m. OPEN GYM  
1:00 p.m. GAMES  
2:00 p.m. JIGSAW PUZZLES  
3:00 p.m. CORNHOLE

## MONDAY

10:00 a.m. WATER AEROBICS  
10:30 a.m. FITNESS CLASS  
1:00 p.m. MAHJONG  
2:30 p.m. JIGSAW PUZZLES  
3:00 p.m. COFFEE BAR/  
REFRESHMENTS

## TUESDAY

10:00 a.m. CHAIR STRETCHES  
11:00 a.m. YOGA WITH LISA  
1:30 p.m. RESIDENT ACTIVITY  
MEETING  
2:00 p.m. BIBLE STUDY  
2:30 p.m. JIGSAW PUZZLES  
3:00 p.m. ENTERTAINMENT  
PROGRAMMING

## WEDNESDAY

10:00 a.m. WATER AEROBICS  
10:00 a.m. BEACH VOLLEYBALL  
1:00 p.m. BINGO  
2:30 p.m. JIGSAW PUZZLES  
3:00 p.m. COCKTAILS  
3:30 p.m. WORD SCRAMBLE

## THURSDAY

10:00 a.m. GARDEN CLUB  
10:30 a.m. CHAIR STRETCHES  
1:30 p.m. SOCIAL OUTING  
2:30 p.m. JIGSAW PUZZLES  
3:00 p.m. GAMES

## FRIDAY

10:00 a.m. WATER AEROBICS  
10:30 a.m. CHAIR CARDIO  
11:00 a.m. EXERCISE/BALANCE  
CLASSES  
3:00 p.m. COCKTAILS  
WITH KAYLA  
3:30 p.m. CHARADES

## SATURDAY

12:00 p.m. OPEN GYM  
1:00 p.m. BINGO  
2:00 p.m. MAHJONG  
2:30 p.m. JIGSAW PUZZLES  
3:00 p.m. GAMES



Highpoint  
at Cape Coral